



Swindon Catholic Deanery & St Joseph's Catholic College

THE PARENTING TEENAGERS COURSE

Five Sessions on Mondays at 7:30pm

February 27th, March 5th, 12th, 19th and 26th 2012

At St Joseph's Catholic College, Ocotal Way, Swindon, SN3 3LR

Practical, down to earth and sensitive help on how to build a great relationship with your teenager.

Designed for parents, step-parents, prospective parents or carers of young people from 11 to 18.

DVDs to watch followed by relaxed discussion with parents of teenagers about the same age as your own.

No charge - donations accepted with pleasure.

Childcare provided free on site.

More information: www.swindoncatholicdeanery.co.uk



Enrolment Form for the Parenting Teenagers Course

St Joseph's College, Feb 26th to March 27th 2012

Feel free to enrol online instead of using this paper form, at: www.swindoncatholicdeanery.co.uk

1. Your name or names:

2. Your relationship to the teenagers you care for: (eg: parents, foster-parent, etc.)

3. Would you describe yourself as a single parent? Yes No

4. To help us plan group discussions, please tell us:

How many children do you care for who are 13 and under? _____

How many children do you care for who are 14 to 16? _____

How many children do you care for who are 17 and over? _____

5. The best e-mail address to contact you on:

6. Your contact tel. no.:

7. Do you need child care at St Joseph's so you can attend the course?

Yes No

If yes, please give brief details:

Please turn over to complete the form...

THE PARENTING TEENAGERS COURSE, FEB-MARCH 2012

Curious?

There's a 3 minute video introducing the course on YouTube, linked from the Deanery website: www.swindoncatholicdeanery.co.uk The course has been running very successfully at Holy Trinity Brompton for the last eight years, and was released for general use last year.

Who is running the course?

The Course will be held in the main hall of St Joseph's Catholic College. It will be offered by a team of Catholic couples from Swindon, many of whom have been running the Deanery Marriage Course in recent years, together with key St Joseph's staff. The course, while based on Christian principles, is relevant and helpful for any parent with or without a Christian faith or church background.

Topics and Dates:

There will be five sessions each starting at 7:30, though doors will open at 7:00pm. We should finish by 9:30pm. The topics and dates are:

Building strong foundations	Feb 27th
Meeting our children's needs	March 5th
Setting boundaries	March 12th
Teaching healthy relationships	March 19th
Our long term aim	March 26th

What can you expect?

Each evening will be in two parts :

- Everyone will watch a DVD that shows teenagers and their parents together. There are comments from experts in the field. The DVDs feature Nicky and Sila Lee, who have worked with couples and families for over 20 years and speak regularly on parenting.
- After the DVD, you will be able to talk with each other in a relaxed environment. You will be in groups of 8 to 10 parents who have teenagers of approximately the same age. We are sure you will find others facing the same issues.

Tea & coffee will be provided after the DVD. There is no charge for the course - donations accepted with pleasure.



Enrolment Form for the Parenting Teenagers Course - second side

8. Do you need help with transport to attend the course? We will try to provide lifts, but can't guarantee it.

Yes No *If yes, please give your address:*

9. Can you help by giving someone a lift to the course?

Yes No *If yes, please give your address:*

10. Please tell us how you found out about the course:

11. Comments, questions, concerns? Please use the box below:

If you'd like to discuss a concern by email or phone before the course, let us know and we'll contact you.

Please note that your details will only be used for the purposes of this Course and will be destroyed afterwards.

Please post or hand in your completed Enrolment Form at Reception at St Joseph's for the attention of:

Mrs Ruth Chivers
Parental Support Advisor
St Joseph's Catholic College
Ocotal Way
Swindon SN3 3LR